

Students learn how to fight childhood obesity



Wright Elementary students were encouraged to "get up and move it" as part of an exercise and healthy eating assembly held at the school.

According to the Utah Department of Health, one out of every four children is overweight, and almost 12 percent of Utah children under 18 are obese. It's one reason students at Gearld Wright Elementary were entertained at a school assembly by a team of Disney staff members and representatives from local Subway sandwich shops.

During the assembly, about 500 students enjoyed a program of singing, dancing and exercising to Disney music, while at the same time learning about making healthy eating choices. Following the event, students were given an activity chart they can use to track daily exercises in 20-minute increments. When they've completed their charts, they'll earn prizes from Subway and Disney.

Day of fishing designed to help terminally ill children



Jerry Schlief, at left, and last year's participants in the Catch a Cure for Cancer tournament.

By Kimberly Martinez

Get your fishing pole ready and head to Starvation Reservoir on Saturday, June 23 for a fun-filled day of catching fish and raising money for terminally ill children.

This will be the seventh annual Catch a Cure for Cancer, a bass and walleye fishing tournament, and it's not too late to sign up and join in on the fun. Professional angler and West Valley City Employee Jerry Schlief co-founded this fundraising event along with his wife Carri after visiting Camp Hobe, a week-long summer camp sponsored by Primary Children's Medical Center for terminally ill children dealing with cancer.

"The camp allows them to just be kids," Schlief said. The camp provides each child and one of their siblings with a week full of activities, with the mission of enhancing their self-esteem and fostering independence and

friendship.

Each year, the Schliefs make the special trip to V.I.P. night at Camp Hobe to personally take them the money raised, and to spend some time with the children. Since 2000, the tournament has raised more than \$70,000.

"We have more and more success because of what it's about and who the money is for," Schlief said. Last year's check of \$17,127 more than tripled the amount of contributions from their opening tournament just seven years ago. "What is really neat is seeing how well recognized this event has become as well as see how it has gained so much popularity and credibility," he said.

He admits how difficult it was the first year in getting the backing without the proper documentation. Now they have an impeccable reputation and a website, both of which

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West Valley student wins Comcast scholarship

Selina Tran from Granger High School was one of the 41 local area high school seniors receiving a helping hand for college in the form of \$1,000 scholarships from the Comcast Foundation. The 2007 Comcast "Leaders and Achievers" Scholarship Program recognizes students who have demonstrated leadership skills, academic achievement and a commitment to community service.

This year's winners have participated in a wide variety of community service activities such as mentoring and tutoring younger students, volunteering at hospitals and participating in local blood, food, and clothing drives.

In the seven years since the "Leaders and Achievers" Scholarship Program began, it has awarded more than \$7.5 million in college aid to more than 7,500 students.

Kids Fun Run!

WESTFEST FAMILY CLASSIC 5K

WEST VALLEY CITY FamilyFitnessCenter

selecthealth.

Saturday, June 23 • 7:30 am

Pre-register at the West Valley Family Fitness Center
5415 West 3100 South

*Registration on Race Day 6 am - 7 am

Fun Run for kids ages 8 and under. Distance varies by age group.
All participants receive a ribbon and fun pack!
FREE for family members of 5k participants and \$5 for all others.
Limited to the first 150 registrations so sign up early!

Entry Fees	Adults - \$10*
	Youth (17 and under) *\$5
	Families -\$35* (up to six family members; additional family members, \$5*)
	Stroller Division - \$10*
	5K entry fees include t-shirt, Family Fitness Center admission, and gift bag!

*\$5 additional fee for registrations received after June 16.

Drawing for fun prizes, including a full-year family membership to the West Valley City Family Fitness Center!

Most affordable race in town!!

For more information, call 955-4000 or visit our website at www.westfestutah.com
www.westvalleyfitnesscenter.org (Special Events).

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